Producing the Pilgrimage Trail

Artist Lyndall Phelps created the artworks for the Pilgrimage Trail to link the restored Red Mount Chapel in The Walks with other medieval buildings in the town.

She was initially inspired by the wonderful collection of medieval metal pilgrim badges in Lynn Museum. These intriguing objects were produced in large numbers and sold to pilgrims to promote individual religious shrines and sites of worship. Many are decorated with the designs of buildings or symbols associated with particular medieval shrines and centres of pilgrimage.

Details found in the line medieval buildings of King’s Lynn also provided inspiration for the designs that the artist would eventually use to create the Pilgrimage Trail including:

- A wooden ceiling boss showing a seated Christ from All Saints’ Church.
- A dog picture on a monumental brass from King’s Lynn Minster.
- Designs from the fine ceiling of the Red Mount Chapel.
- A decorated stone corbel from Greyfriars Tower.
- A carved ship on a wooden bench end from St Nicholas’ Chapel.

These designs now feature on a series of brushed stainless steel plaques located on or near the settings with which they are associated.
Welcome to the King’s Lynn Pilgrimage Trail

Explore the rich medieval heritage of King’s Lynn by following the Pilgrimage Trail, featuring a series of specially designed steel plaques that guide you to some of the most fascinating medieval buildings in the town.

These unique plaques were created by artist Lyndall Phelps. The designs were inspired by details from the historic buildings where they are located.

The Lynn Museum is a good place to start your tour. You can see a full set of plaques near the museum entrance.

All Saints’ Church
All Saints’ Church is the oldest church in King’s Lynn, largely rebuilt in the 14th century. This plaque was inspired by a wooden ceiling boss showing a seated figure of Christ.

For further information please visit www.allsaintskingslynn.org.uk

Permission to reproduce the image kindly given by All Saints’ Church.

King’s Lynn Minster
A fine collection of medieval brasses in the church includes one from 1364 showing Robert Beauchoe, former mayor of Lynn, with his wives, Lofta and Margaret. The dog sitting at Lofta’s feet provided the inspiration for this plaque.

For further information please visit www.kingslynnminster.org

Permission to reproduce this detail kindly given by King’s Lynn Minster. The image of the medieval church of St Margaret’s was dedicated as King’s Lynn Minster by the Bishop of Norwich in December 2011.

Greyfriars Tower
Greyfriars Tower was part of a Franciscan friary, founded in 1230. The bell tower dates to the late 15th century and features many fine carved bosses and corbels, one of which is featured in the plaque. The tower survived the Reformation as a sea mark, guiding ships into port.

For further information please visit www.visitwestnorfolk.com

Red Mount Chapel
The late 15th century Red Mount Chapel was a wayside chapel for pilgrims on their way to the Shrine of Our Lady of Walsingham. The upper chapel of 1506 has a fan vaulted roof, further decorated with gargoyles, which inspired the design of the plaque.

Limited opening. For further information please visit www.redmountchapel.org.uk

St Nicholas’ Chapel
The 15th century ship featured on the plaque is from a wooden benchend from St Nicholas’, which is now on display in the Lynn Museum. The ship highlights King’s Lynn’s rich maritime past.

Limited opening. For further information please visit www.stnicholaslynn.org.uk

Lynn Museum
The important collection of medieval pilgrim badges on display at Lynn Museum mostly come from the river mud of Lynn’s Purfleet. They were probably lost by pilgrims on their way to the shrine at Walsingham. The “West Norfolk Story” gallery explores medieval life and pilgrimage in the town.

Open Tues-Sat 10-5. For more information please visit www.museums.norfolk.gov.uk

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Medieval image by Kerry Baik

Please note that site opening arrangements and entry charges may be subject to change. For current information or to contact King’s Lynn Tourist Information Centre Tel 01553 750244.